# I.E.H.A.G.

## INSTITUCIÓN EDUCATIVA HECTOR ABAD GOMEZ

Proceso: GESTION ACADEMICA Código



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Versión 01

Página 1 de 1

| ASIGNATURA/ÁREA       | INGLÈS | GRADO | 1 | 00   |
|-----------------------|--------|-------|---|------|
| PERIODO:              | TRES   | AÑO   | 2 | 2022 |
| NOMBRE DEL ESTUDIANTE |        |       |   |      |

#### LOGROS/ COMPETENCIAS

- Participa en conversaciones en las que puede explicar sus opiniones e ideas sobre temas generales, personales y abstractos.
- Escribe textos que explican sus preferencias, decisiones y actuaciones.
- Con su vocabulario trata temas generales, aunque recurra a estrategias para hablar de hechos y objetos cuyo nombre desconoce.
- Comprende textos de diferentes tipos y fuentes sobre temas de interés general y académico.
- Selecciona y aplica estrategias de lectura apropiadas para el texto y tarea.
- Identifica y aplica las estructuras gramaticales desarrolladas en clase

# 1. Present your notebook up to date.

**Activities** 

### 2. Reading the next text and draw.

### Dangers of a sedentary lifestyle

Children are much less active today than 30 years ago. According to a recent <u>survey</u>, only 18% of B.C youth get exercise every day. "The biggest reason for this <u>drop</u> in activity is the amount of time children spend in front of a computer or TV screen," says Dr.Tom Warshawski of Kelowna General Hospital. Canadian Kids watch an <u>average</u> of 14.2 hours of televisión a week and that does not incluide time in front of a computer screen or video games. Watching TV every day are twice as likely to be obese.

A recent study from the University of new Brunswick showed an alarming <u>rise</u> in child and youth obesity. The number of <u>overweight</u> and obese children has increased sharply since 1981. The biggest concern with obesity in children is that overweight childres often become overweight adults. They face an increased risk of diabetes, heart disease and other diseases.

It can be difficult to get kids off the couch and to become more active.

Parent can set a positive example by leading an active lifestyle themselves. This can include making weekend plans to go hiking or biking together, or doing chores like washing the car, walking the dog or mowing the lawn.

(https://www.eslprintables.com/vocabulary\_worksheets/health/Sedentary\_lifestyles\_2 68625/)

- 2a. Make a square where you classify ten nouns, ten verb, five prepositions, and five adjectives from the text.
- 2b. With the words underline on the text make sentences. Using conditional zero and one.
- 2c. Write the main ideal (what/ who, when, where, why, how, for what).
- 2d. Write your opinion about the text and explain why. (7 lines)
- 2e. What is the intention of the author?

## 3. Answer the next questions of the conditional zero

- . What happens if you don't study for a test?
- . What happens if you are late for class?
- What happens if you eat too much candy?
- What happens if you stay awake all night?
- · What happens if you drop a glass on the floor?
- What happens if you don't eat food for two days?
- · What happens if you talk loudly in a movie theater?
- · What happens if you mix red and blue paint?
- What happens if you add sugar to coffee?
- What happens if you throw a piece of wood into a fire?
- What happens if you fall out of a tree?
- What happens if you forget your umbrella on a rainy day?
- · What happens if you hit a policeman?
- What happens if you leave a restaurant without paying?
- What happens if you lose a library book?
- What happens if you play video games for ten hours?

#### 4. Read the text and solve the test.

### Why people get tatoos?

Jack lay, quiet and unmoving, for thirty minutes while a stranger repeatedly stabbed him with sharp needles, causing blood to pour steadily out of his leg. Jack was getting a tattoo. His friend Tony had recently gotten a tattoo, and Jack was so impressed by Tony's bravery and his tattoo that he decided to get one too. Getting a tattoo because your friends and peers have them is just one of the reasons why a lot of young people in North America get tattoos. Peer pressure, media influence, and personal expression are some of the common reasons for wearing tattoos today. The desire to be part of a group, to be accepted by one's friends or peers, can have a great

influence on what a person does. Sometimes, wearing a tattoo can be a sign that you belong to a certain group. Gangs often use special clothes and tattoos to identify their particular group. For example, in one gang all the members may wear green army jackets and have large 'Xs' tattooed on their arms. It is not only gangs that have this type of special 'uniform'. Young people often belong to a certain group of friends. Some of these groups wear only brand-name clothes. Some wear only black clothes. Others wear tattoos. When a person's friends are all doing something, such as getting a tattoo, that person is more likely to do the same thing, and get a tattoo too.

The media is another big influence behind the popularity of tattoos in North America. A wide variety of media images show tattoos. Tattoos can be seen on people appearing in commercials selling expensive cars. Famous sports heroes with tattoos are shown in magazines. Fashion models are often seen in magazines and on TV wearing designer clothes that show their bodies tattooed with detailed and colorful patterns. These media images link tattoos to ideas of wealth, success, and status. As a result, many people decide to get a tattoo for its fashion and status value. It is not always the influence of other people or the media that results in a person getting a tattoo. Many people decide to wear tattoos in order to express their artistic nature, their beliefs, or their feelings -- in other words, to show their individuality. A musician in a rock band may get a tattoo of a guitar on the arm. Some environmentalists may tattoo pictures of endangered animals on their shoulders. Lovers may tattoo each other's names over their hearts. A tattoo can be a public sign to show what is important in a person's life. As you can see, there are many reasons why young North Americans get tattoos. A tattoo can be part of a group's uniform. It can be a sign of fashion. It can be an expression of individuality. The decision to get a tattoo is most often a result of the influence of friends or media or the desire to express oneself. For Jack, it was a mixture of all three.

- 1. According to the essay, what are the three most common reasons why a person gets a tattoo?
- a) pressure from their peers
- b) it is healthy
- c) influence from the media
- d) a way of personal expression
- 2. According to the essay, which of the following are common ways that people show they belong to a certain group?
  - a) wearing a tattoo
  - b) wearing special clothes
  - c) wearing a special uniform
  - d) wearing a special kind of socks

(https://continuingstudies.uvic.ca/elc/studyzone/490/reading/tattoos2-reading)

- 3. According to the essay, which of the following are ways that the media uses tattoos in advertising?
  - a) to sell cars
  - b) by using fashion models
  - c) by using sports stars
  - d) by using endangered species
- 4. According to the essay, media images are linked to \_\_\_\_\_. Choose all that apply.
- a) Wealth
- b) status
- c) success
- d) debt

| 5. According to the essay, which of the following are tattoos?   | possible artistic reasons for getting      |
|--|--|
| a) to show membership in a band  |  |
| <ul><li>b) to show a lover's name</li><li>c) to show pictures of animals that may become extir</li></ul>   | nct  |
| d) to show which language you speak  |  |
| 6. Jack was stabbed for thirty minutes with a needle   | because                                    |
| <ul><li>a) he was getting a tattoo</li><li>b) he was getting acupuncture</li></ul>   |  |
| c) he is was getting his ears pierced  |  |
| d) he was getting a nose ring  |  |
| <ul><li>7. According to the essay, some people get tattoos t</li><li>a) they think it is fashionable</li><li>b) they like pain</li></ul>   | pecause                                    |
| <ul><li>c) they think it will wash off in the bath</li><li>d) they are religious</li></ul>   |  |
| According to the essay, Jack thinks people who g     a) Brave  | et tattoos are                             |
| b) Cowardly  |  |
| c) old fashioned   |  |
| d) nitwits   |  |
| <ul> <li>9. The reason Jack wanted to get a tattoo was</li> <li>a) the influence of Friends</li> <li>b) the influence of the media</li> <li>c) a desire to express himself</li> <li>d) all of the above</li> </ul> | ·  |
| <ol><li>Create an icfes test from the two texts. fifteen q<br/>period.</li></ol>   | uestions. Use the grammar topic of the     |
| Entregar el taller en hojas con este formato firmado por el acud<br>FIRMADO POR ACUDIENTE NO SE RECIBIRÁ)  | liente y por el alumno. (TALLER NO         |
| Recuerda que la solución del taller es en inglés. La sustenta<br>icfes.  | nción será oral y escrito. Evaluación tipo |
| RECURSOS: Internet, cuaderno, diccionario  |  |
| OBSERVACIONES: Entregar las actividades que fueron re  | ealizadas durante el periodo.              |
| El taller vale el 50% y la sustentación el otro 50%  |  |
| FECHA DE ENTREGA:  | FECHA DE SUSTENTACION:                     |
| NOMBRE DEL ESTUDIANTE:   | FIRMA DEL ACUDIENTE:                       |
| FIRMA DEL EDUCADOR   |  |
|  |  |